

# Download Values Clarification In Counseling And Psychotherapy

Values clarification is perhaps best known for the many values clarification strategies – activities that can be used with individuals and groups to explore a myriad of counseling topics. Psychotherapy is the use of psychological methods, particularly when based on regular personal interaction, to help a person change behavior and overcome problems in desired ways. (10) It determines his social class, his place of living, his style and manner of living, his dress, his hours of work and thus his hours at home, and his avocations. --> BASIC PRINCIPLES OF COUNSELING AND PSYCHOTHERAPY . Listening skills: Listen attentively to the client in an attempt to understand both the content of their problem, as they see it, and the emotions they are experiencing related to the problem., Values Clarification In Counseling And Psychotherapy.

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