

Download Juicing Recipes Live Healthy Detoxification Ebook

BY KEVIN & ANNMARIE GIANNI Over 50 Delicious Fresh Juice Recipes Inside! JUICED! The Healthy Way With heart disease, we know magnesium is the great healer. See James B. Pierce, Ph.D., Heart Healthy Magnesium - Your Nutritional Key to Cardiovascular Wellness — how to use magnesium to reduce your risk of heart attack & stroke, combat arrhythmia & angina, and lower your blood pressure. The list of health benefits of kale goes on and on. From helping relieve pain to improving heart health or even fighting cancer, kale is a true superfood. Juicing is one of the most powerful ways to flood your tired body with micronutrients and flush out all the bad guys. Dandelions are a natural diuretic that help the kidneys filter through excess water and salt., Juicing Recipes Live Healthy Detoxification Ebook.

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