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Our cuisine is based on the Mediterranean tradition, featuring a menu that blends the flavors of Spain with light contemporary touches. You can compliment our casual, yet superior menu of Tapas with a robust Spanish wine or choose from our 10 beer taps showcasing local craft beer purveyors, all while relaxing in a cozy atmosphere that radiates ...Our cuisine is based on the Mediterranean tradition, featuring a menu that blends the flavors of Spain with light contemporary touches. You can compliment our casual, yet superior menu of Tapas with a robust Spanish wine or choose from our 10 beer taps showcasing local craft beer purveyors, all while relaxing in a cozy atmosphere that radiates ...ABSTRACT. Background. The Mediterranean diet is considered to be a prototype of a healthy diet. The modernization of society implies sociological and cultural changes that affect feeding preferences and habits.El salmorejo ha ido evolucionando desde los primeros majados laboriosos en mortero a golpe de brazo, hasta los salmorejos que se elaboran mediante el empleo de las modernas batidoras eléctricas, y robots de cocina., Cocina Mediterranea Mediterranean Cooking Spanish.

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