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A host of complementary therapies are gaining popularity as alternatives to conventional care. We break down the hows and whys behind these treatment options. | Greatist | Health and Fitness News ...Alternative Therapies Group. On June 24th, 2015, ATG became the first dispensary to begin serving registered medical marijuana patients in Massachusetts. This page contains the notes for our book Perfect Health Diet: Regain Health and Lose Weight by Eating the Way You Were Meant to Eat (US edition, Scribner, 2012), plus errata. Perfect Health Diet: Regain Health and Lose Weight by Eating the Way You Were Meant to Eat is a great way to understand the dietary and nutritional practices that lead to optimal health., PERFECT HEALTH - STRESS ALTERNATIVE THERAPIES.

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